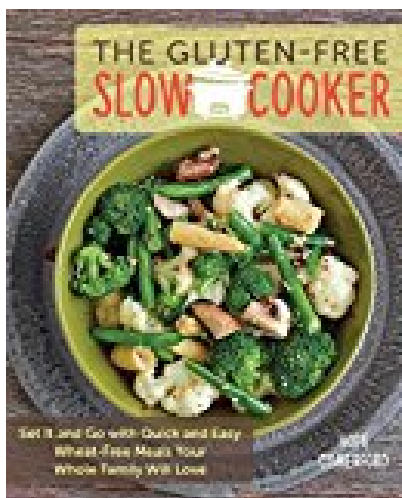


The Gluten-Free Slow Cooker Set It and Go with Quick and Easy Wheat-Free Meals Your Whole Family Will Love



BOOK DETAILS

- Author : Hope Comerford
- Pages : 176 Pages
- Publisher : Fair Winds Press
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BOOK SYNOPSIS

Stick to your gluten-free diet while still enjoying hearty, home-cooked meals with The Gluten-Free Slow Cooker. Busy families know how challenging it is to create delicious dinners night after night that everyone in your family will and can enjoy. If you live in a gluten-free household, you may think its downright impossible. But with the help of a slow cooker and these easy recipes, things are about to change for the better. The Gluten-Free Slow Cooker makes mealtime quick and easy. With a little prep the night before or morning of, you can come home to tasty meals that have spent hours cooking while you were out taking care of the rest of your life! Busy mom and gluten-free recipe developer Hope Comerford provides you with more than 100 recipes, from Slow Cooker Frittata with Tomatoes, Avocado and Cilantro to Korean Inspired BBQ Shredded Pork, youll find meal ideas for breakfast, lunch, dinner, and even dessert. All with minimal prep but tons of flavor! Stick to your gluten-free diet while still enjoying hearty, home-cooked meals with The Gluten-Free Slow Cooker.

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